



WTBA USA



USA Camp 2012

WTBA members, friends and interested parties, I would like to welcome you to the USA 2012 Mini-Camp with Erle Montaigue, Chief Instructor and head of the World Taiji Boxing Association. Erle Montaigue will be returning to the States again this year to share and teach his vast knowledge of the internal arts which his father had passed on to him. This is OUR YEARLY GATHERING!! Please check your calendars, open the date if you had something already planned and reserve your spot by registering today!!!

The training will cover the Old Yang Luchan Taiji Form- "Getting it Right," "the Way of Push-Hands" or locking arms (very different from the push hand taught or practiced by most people in the United States, Qigong Methods, and a Special addition, something which we haven't covered since the late 1980's here in the States. The first Six of the "Twelve Circular Hand Kuens" also know by the name: "THE 12 Deadly DIM-MAK KATAS." The twelve forms, according to Erle were originally taught only to Inner Circle and family members and given Only One Per Year at that! Finally, AS IF THIS ISN'T ENOUGH...to add to this camp we are going to cover one of the Pakua Animal Forms this year. Truly one of the special ones: The Pakua Snake Form.

LET ME TELL YOU A LITTLE BIT MORE ABOUT WHY I AM SO EXCITED ABOUT THIS YEARS CAMP:

The 12 Deadly katas were inherited by the Yang Family and are believed to have been created by Chang San-Feng himself. According to Erle, who I learned them from, his teacher Chang Yiu-Chiun was one of three students of Yang Shou-Hou. Shou-Hou taught him these methods and told him they were invented by San-Feng. They come to us through our founder of the WTBA- Erle Montaigue.

These forms have a self-defense sequence which is performed in solo practice and then combined with a training partner and a Qigong which accompanies it. The Qigongs alone are fantastic! Each one is associated with a major internal organ system and works to clean stagnation and energy issues: physically, mentally, and emotionally. They develop some very important abilities, skills, and traits within us:

- 1ST: they develop connectivity in our body movements
- 2nd: they develop and hone subconscious reaction and ability

- 3rd : the concept and ability of Fa-jing is explored, practiced, and learned
- 4th : teach us Qigong methods for our 12 meridian systems but that is not all, the Qigongs for each of the kuens set up the whole form to take they physical movements into the internal. Each provides a healing on a physical level, on an emotional level as each organ is associated with an emotional component, and then on a spiritual level as our Shen or spiritual defines who we are in this world and through these qigongs we gain a better understanding of ourselves and finally....
- 5th : they physical movements combined with the energetic Qigongs take a person through an internal learning adventure. Taking a person from a uncoordinated, physically reactive being to a practitioner of the internal ways with the skills others cannot match. But, since the founder of this training tool was a man of Genius, the person also gains the inner wisdom and insight through the cultivation of his energy flows to find peace inside himself and no-longer feel the need to fight.

Erle said that the student would learn these practicing the qigong and the training method year after year progressing in their understanding of themselves, their energy until they reach the highest level and have the ability to fight, but the desire and understanding that healing is the highest level of your training.

NOW TO TALK ABOUT THE PAKUA SNAKE FORM:

This is truly one of the Great forms. It represents the water organs of the Kidney and Bladder as well as being associated with the Root Yin Organs, the Liver and Spleen. The Snake Form develops our Life Force and it is why this form is known as a Qi Development Form. And it this isn't enough, it has fantastic self-defense applications. Our instructor, Eli Montaigne is the perfect person to be teaching this form. His energy, traits, physical skills and movements seen magically matched to this Reptile form. You don't want to miss this one.

Additionally, this training will have two parts, a formal class training with Eli and an informal part consisting of after class training with your fellow workshop attendees in push-hands, sticky-hands, two man training drills and self-defense exercises. This is an ideal opportunity here in the USA to get the experience of the old Australian Summer Camp which Eli's Dad held for many years. I personally experienced this setting many times and it is a great way to immerse yourself in the training and spend time with like-minded people. Many people find they jump up a level in their abilities, skills, and understanding after an event like this.

So a camp filled with activities, learning opportunities, and personal growth. If you're new to this style of Internal Arts or an old timer you don't want to miss this opportunity!!

LET ME JUST SAY A FEW WORDS ABOUT THE WORLD TAIJI BOXING ASSOCIATION AND OUR FOUNDER ERLE MONTAIGUE:

I knew Erle for over thirty years. Besides being friends, he was my mentor in the Internal Arts. I cannot say enough about his level of understanding and his breathe of knowledge. Besides the times he was in a teaching mode in front of a group of students, he was a very private and quiet person. He loved the internal arts and made it his life commitment to bring out the best of the system to the world. He taught not only what he had learned but what he experienced internally from the qigongs, the forms, and the training drills. He truly was a rare and special person and I am honored to have called him my friend and main teacher. I say main teacher because he would always tell me the form, the art is your teacher, I am just the guide here to train with. He developed the World Taiji Boxing Association (WTBA) as a way to share his knowledge of the internal arts with others and to have a place where people of like minds can come together to share and bring each other up in the arts. It was void of the trappings of other systems, not much

concern was placed on rankings, formalities, uniforms, belts, etc. It wasn't about whether you were better than someone else or how many forms you knew. I am not saying there wasn't respect or common courtesy, just the opposite. Respect was given genuinely to each other and people of all levels could get together and experience the joy of these beautiful systems together in their training. The organization welcomes all who care to learn and share in the "Good Oil" as Erle would say. I truly believe his son Eli has the ingrained qualities of his father when it comes to the reasons of this organization. He is working to share the system with others all around the world and makes a commitment to come over here every year to teach, answer questions and help all who come to learn and grow.

If you a seasoned member of the WTBA training camps, a relatively new person to our system, or a stark beginner, there is a place for you to get something from this event. Why not come and give it a try.

DATE: MAY 31th, June 1st, 2nd, and 3rd 2012 (Thursday night 7p-9p, Friday, Saturday, and Sunday leaving at 2 pm)

LOCATION: Same Location as Last Year: Pocono Plateau, Camp Retreat located in Cresco, PA
Website address: <http://www.poconoplateau.org/>

COST: \$436.00.

WHAT DOES THIS COVER: This covers everything expect your travel here. It includes training, meals, and accommodations. An initial deposit is required to secure your place at the camp.

REGISTRATION: Registration (initial deposit of \$150.00 by January 1, 2012 with a final payment of \$286.00 in before April 1, 2012).

Late registration: \$200.00 – After February 1, 2012. No guarantees on whether lodging will be available or the meal program). Final payment by April 1, 2012 of \$275.00. (This is a camp setting with cabin locations, we have to secure and guarantee our numbers ahead of time for meal preparation).

Walk-in or last minute Registration: \$550.00- After April 1, 2012. No guarantees on whether lodging will be available or the meal program. Again, this is a camp setting so we have to guarantee our numbers way ahead of time. Thank you for understanding.

What to Bring: Desire to learn, don't worry about levels or abilities. Also as with a camp setting, you have to bring your own sleeping gear, i.e., sleeping bag, pillow, and your own towels and toiletries, i.e., soap, shaving kits, etc. So your sleeping gear and your comfort items.

CONTACT: Alexander M. Krych for any questions about this event @ email: wtbausa@comast.net or wtbausa@hotmail.net or telephone: (908)303-2941.

Spaces are limited so PLEASE book with your deposit early!!

Registration

Please complete registration form and payment (check, money order or Credit Card) mailed to: Alexander M. Krych, 942 Liberty Street, Belvidere, NJ 07823-2018. (Credit Card can be taken over the phone or emailed).

1. Name: _____ Age: _____ Male/Female: _____

2. Address: (Street) _____

(City): _____ (State): _____ (Zip): _____

3. Telephone: _____ (cell or best #). Email: _____

4. Lodging: Male room ___ Female room ___ Couple room ____ (if possible they will accommodate).

5. Meal plan: **Regular meals** (meat dishes) _____ (includes snack(fruit) Thursday evening, Breakfast, Lunch, Dinner on Friday, Saturday, and Breakfast and Lunch on Sunday).

Vegetarian meals _____ (includes snack(fruit) Thursday evening, Breakfast, Lunch, Dinner on Friday, Saturday, and Breakfast and Lunch on Sunday).

6. Driving into camp, not staying at lodging nor eating meals: fee for camp instruction and day visit fees for Thursday night, Friday, Saturday, and Sunday is \$290.00. Check here if you plan to attend in this fashion: _____. Deposit of \$150.00 still required to attend camp. Final payment is due by April 1, 2011.

7. Driving into camp, not staying but would like to participate in meal plan: fee for camp, day visit fees and meal plan is \$406.00. Check here if you plan to attend in this fashion: _____. Deposit of \$150.00 is still required to attend camp. Final payment is due by April 1, 2011.

8. Cannot make the full camp, but would like to come for Saturday and Sunday training only. Check here _____. The fee for the two days, training, meals and one night stay is: \$375.00. Deposit of \$150.00 is still required to attend the camp. Final payment is due by April 1, 2011.

9. Cannot make the full camp, but would like to come for Saturday and Sunday training without meals or staying at the camp. I will drive in and do day visit fees. \$280.00. Check here if you plan to attend in this fashion: _____. Deposit of \$150.00 is still required to attend the camp. Final payment is due by April 1, 2011.

In Case of an emergency contact: Name: _____ Telephone: _____

Deposit Amount: \$150.00 enclosed. Date: _____.

Final amount due on April 1st, 2012, depending on the plan you registered.

Credit Card Information:

Name: _____ Address: (if different from above): _____

Street: _____ City: _____ State: _____ Zip: _____

Telephone: _____

CC: Visa/M.C: _____ CC#: _____ Exp: _____ Security Code: _____

(Note: if using a credit card be aware the transaction will reflect the following on your statement: my company name is Total Body Resources, LLC and the credit card processing company is TouchTone Cell Charge. Thank you.

Since this is a camp retreat setting, head count is needed early to secure the lodging facility. Therefore LATE REGISTRATION is starting on February 1st, 2011 as I need to notify the location as to the number of people staying at camp.

Liability Waiver

I, _____ hereby waive any claims against all persons associated with Total Body Resources, LLC, Alexander M. Krych, including any WTBA instructors and/or helpers for injuries sustained by me in connection with my participation in this training program. It is understood that any martial arts and or exercise program(s) contain different forms of body exertion and or contact and subsequently I assume full responsibility for my actions connected with this training program.

Visual Media Release

I hereby give Total Body Resources, LLC, Alexander M. Krych, and any person involved in the workshop, the absolute and irrevocable right and permission, with respect to the photographs, videotapes and/or any other visual media that have been taken of me (or which include me along with others) at this event:

1. To use, re-use, publish and re-publish the same in whole or in part, individually or in conjunction with other photographs or images, in any medium whatsoever, including but not limited to illustrations, promotions, and advertising.
2. To use my name in connection therewith if so chosen.

I hereby release and discharge Total Body Resources, LLC, the World Taiji Boxing Association, Erle Montague and any person involved in the workshop from any and all claims and demands arising out of, or in connection with the use of the photographs, video, and/or any other visual media including all claims for libel.

I am over eighteen years of age. I have read the foregoing and fully understand the contents thereof. (In case of a minor participant, a parent or guardian signature is required).

Participant : _____ Date: ____/____/____.
(or legal Guardian's Signature)